

## **ARC Patient Navigator Training**

### **Case Study 4: Samantha**

Samantha is a 38 year old woman with a 5 year history of anxiety. She has 6 year old child with diabetes/ She was adopted by her grandparents as a child and is living with them. Her grandparents are aging; her grandmother is beginning to show signs of dementia and she doesn't have the money to get the support. They like McDonalds so she buys that for dinner to please him. The whole family eats that.