



Access to Resources in the Community

Preliminary findings

August 2019 Newsletter

What is ARC?

A research study that aims to optimize equitable Access to Resources in the Community for primary care patients.

Study locations

Eastern Ottawa region

8 Primary care practices

36 Primary care providers



Greater Sudbury region

4 Primary care practices

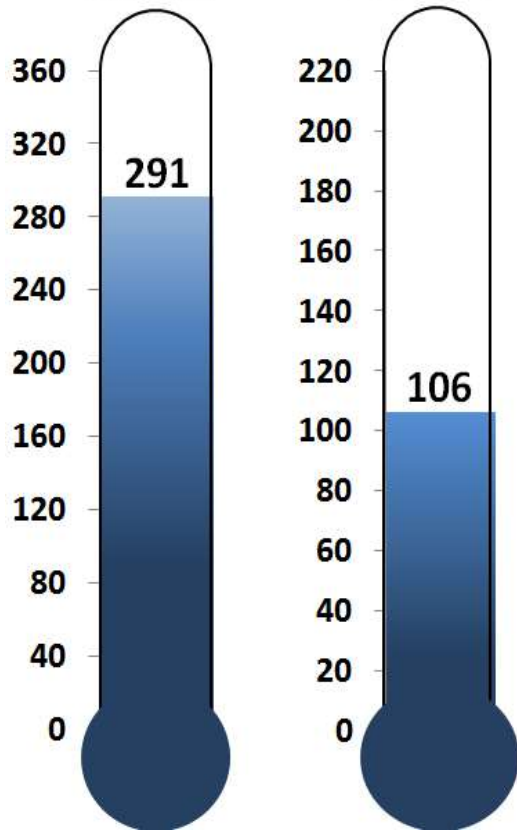
21 Primary care providers

Number of referrals received to date

Referral Goal

Ottawa

Sudbury



580 referrals will enable us to reach our target sample size.

Achieving our referral goal means your patients are more likely to access the services they need.

Most common patient needs:



Mental health



Chronic Pain



Physical Activity



Parenting & Family Support



Healthy Eating



Finances

50% of patients have **accessed** at least one community resource 3 months after their enrolment in the ARC study.

Patient feedback on navigation services

"The [ARC] Navigator was very patient and gave me a lot of options in terms of resources." - Patient in Ottawa

"Ontario 211 helped me get a reference to a care coordinator. I was able to get an assessment for long term care for my mother through that." - Patient in Ottawa

"She [the ARC Navigator] made things easier by helping me make phone calls. She also made it more comfortable to actually seek help" - Patient in Sudbury



Questions? Contact us:

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Visit our website:
www.arcnavigatorproject.com

Access to Resources in the Community
Accès aux Ressources Communautaires

Welcome to the ARC Research Project!

